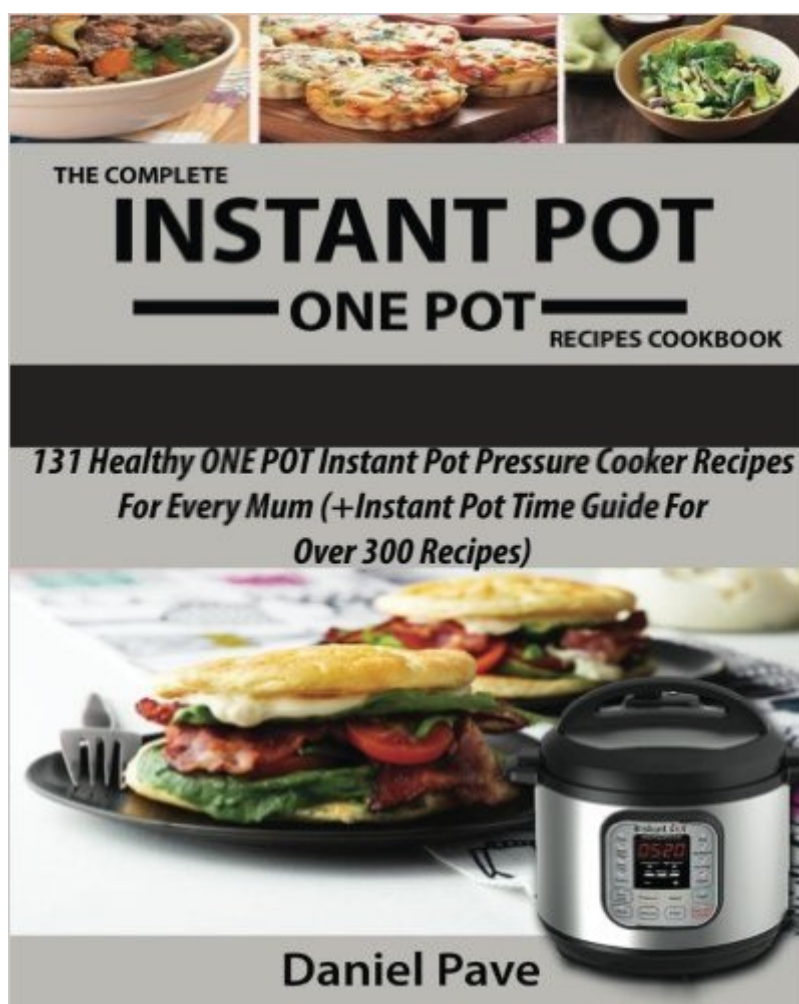


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# The Complete INSTANT POT ONE POT Recipes Cookbook: 131 Healthy ONE POT Instant Pot Pressure Cooker Recipes For Every Mum (+Instant Pot Time Guide For Over 300 Recipes)





## Synopsis

The ONE Cookbook you need for your Instant pot pressure cooker with lots of interesting easy to cook ONE POT meals for healthy living. (UPDATED!!!) With over 131 IP recipes, there is definitely something in it for everyone. You will get to discover lots of recipes for you IP than you can ever imagine. It's perfect for beginners. With a complete how to guide to make cooking with the instant pot quick, easy and fun. Step up from being a novice to an expert and get the most out of your instant pot with tones of recipes packed in this book. All the recipes are ONE Pot. That are delicious and not just quick and easy to make but also saves you the time used for washing. As you'll have just your pressure cooker and at most one bowl to wash after cooking. Is that not amazing? Your kitchen is kept clean from spills, smells and all the mess from conventional cookers. Below is a review of what you will get from this book. Chapter 1: Instant Pot Pressure Cooking Basics Chapter 2: Soups, Stews & Chowders Chapter 3: Beef & Pork Recipes Chapter 4: Beans & Grains Main Dishes Chapter 5: Poultry & Chicken Recipes Chapter 6: Fish & Sea food Recipes Chapter 7: Vegetable/Vegetarian Recipes Chapter 8: Gluten Free Chapter 9: Side Dishes Chapter 10: Desserts Chapter 11: Bonus Instant Pot Cooking Time Guide For Over 300 Ingredients Apart from iPot users, owners of other electric pressure cooker will also find the book handy with the numerous recipes provided.

## Book Information

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## Customer Reviews

I thought the 2016 updated edition might correct the poor grammar and writing complained of by other reviewers. If there have been any edits to improve the writing, they are not apparent. This

book is difficult to read. From page 7: "Although this parts, their detail, images and uses has already been provided in the user manual that came with your unit, I find it necessary to review them. Most especially for those who find it hard going through theirs. Apart from that, this are the basic part we will be needing in this book when cooking with the instant pot. So it will be great to have it handy." I swear that is what is printed on the page. The book arrived in very good condition. The Times New Roman font is very legible. Chapter headings are oddly in bold gray type with black highlighting but it doesn't affect the overall presentation of the recipes. Fortunately the recipes do not include much of the writer's prose so are easier to read. I will keep the book because I do want to try a few of the recipes with my new Instant Pot but I feel conflicted for supporting the author. Mr. Pave might have a real jewel if he just asked someone to proofread and edit his copy. This book was ordered on July 12, 2016 and the last page of the book shows it was made in the USA on July 12, 2016.

Honestly just not very good. The few recipes that I actually want to try are weak and lack detail and there are no pictures. I usually get my recipes online and was hoping this would give me a good collection that I could refer to. I think the only useful thing I found was the cooking time chart in the back. The one thing in the book I wanted to make didn't actually give a cooking time. Cook books are already a thing of the past and if this is the kind of quality to expect then I don't see them making a come back. Really just poor content and careless writing

There must be something wrong with this Kindle version or my Kindle Fire, because I cannot get back to the table of contents from from a page further in the book without first going to the cover and scrolling to it. Also, it randomly omits pages or puts the second page of a recipe further into the book. Very confusing. Unusable. Measurements are a random mix of cups and ml/g.

This is the worst cookbook I have ever bought and I have "tons"!!! It is not specific to the "Instant Pot" and it is copied and pasted from a real book because half of the pages are in white on black, so you know it's been copied multiple times. Most of the recipes are in metric and some are half metric and half imperial measurements, where one has to calculate what the ingredients actually are. It is a poorly reproduction of someone's REAL handbook, but, I will say again -- NOT for the Instant Pot. I'm so severely disappointed!! DO NOT BUY

Wow! This is the most complete instant pot cookbook I've ever read! In this book you will learn a lot of delicious one pot recipes; the instructions on how to prepare those recipes are very

easy to follow and understand, what I like more about this cookbook is. It is detailed, concise and well written; kudos to the author!

DO NOT BUY THIS PLAGIARIZED BOOK. This book is full of recipes that have been stolen from others. Do not purchase this book and support this thief. At least one other book by this author has plagiarized recipes. I can't know for certain, but it's likely that every pressure cooking cookbook by Carol Newman (if that's her real name) has recipes and other content that has been stolen from others. needs to pull this book off its website.

Obviously a Self-published, poorly edited offering. Numerous spelling errors. Mixed measurements. (mixed metric and English in the same recipe) some exotic, hard to find ingredients. Seems that many recipes were pirated from other sources. A very disappointing purchase. Would not recommend!

This cookbook is good! I love it! I didn't know a lot of recipes that you can cook with a rice cooker till I read this. They were written in an easy way. Though I wish it has pictures of all the recipes, I still recommend this to everyone. It's still worth reading. You can always find something new with different cook books. It includes breakfast, lunch and dinner recipes. The authors also taught me that pressure cooker has a lot of ways to use. You just need to know then maximize that. I love cooking as well as eating. This one's great! please grab it!

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Pressure Cooker Cookbook: 370 Quick, Easy, and Healthy Pressure Cooker Recipes for Amazingly Tasty and Nourishing Meals (Pressure Cooker, Electric Pressure Cooker Cookbook) Pressure Cooker Cookbook: 100 Quick, Easy, and Healthy Pressure Cooker Recipes for Nourishing and Delicious Meals (Pressure Cooker Recipes, Pressure Cooker) (Volume 1) Top 500 Instant Pot Pressure Cooker Recipes: (Fast Cooker, Slow Cooking, Meals, Chicken, Crock Pot, Instant Pot, Electric Pressure Cooker, Vegan, Paleo, Dinner) The Best Slow Cooker Recipes & Meals Cookbook: Over 100 Healthy Slow Cooker Recipes, Vegetarian Slow Cooker Recipes, Slow Cooker Chicken, Pot Roast ... Recipes, Slow Cooker Desserts and more! Instant Pot Cookbook: The Quick And Easy Pressure Cooker Guide For Smart People - Healthy, Easy, And Delicious Instant Pot Recipes Instant Pot Pressure Cooker Cookbook: Top 50 Original Instant Pot Meals-Speed Up Cook

Time And Use Up To 70% Less Energy The Healthy Instant Pot Pressure Cooker Cookbook: 120 Nourishing Recipes For Clean Eating, Paleo, AIP, Gluten Free, Vegan And Other Healthy Diets Electric Pressure Cooker: 365 Quick & Easy, One Pot, Pressure Cooker Recipes For Easy Meals Rice Cooker Recipes: 50+ Rice Cooker Recipes - Quick & Easy for a Healthy Way of Life (Slow cooker recipes - rice cooker - recipes) Electric Pressure Cooker Cookbook: 25 Best Electric Pressure Cooker Recipes for Busy People The Big Book of Pressure Cooker Recipes: More Than 500 Pressure Cooker Recipes for Fast and Flavorful Meals The Ultimate Rice Cooker Cookbook: The Best Rice Cooker Recipes Cookbook You Will Find; Over 25 Mouthwatering Rice Cooker Recipes You Will Love! Quick & Easy Recipes: Over 50 Simple and Delicious Vegan & Vegetarian Rice Cooker Recipes That Anyone Can Make! Recipes for Weight Loss & Overall ... (Rice cooker Recipes - Rice Cooker Cookbook) Cooking Under Pressure: The Most Complete Pressure Cooker Cookbook and Guide The Instant Pot® Electric Pressure Cooker Cookbook: Easy Recipes for Fast & Healthy Meals Emeril's Cooking with Power: 100 Delicious Recipes Starring Your Slow Cooker, Multi Cooker, Pressure Cooker, and Deep Fryer The Instant Pot Pressure Cooker Cookbook: 101 Incredible Recipes for Busy Families! Delicious Under Pressure: Over 100 Pressure Cooker Recipes (The Blue Jean Chef) Instant Pot Complete How To Guide (For Beginners): Cooking Time Guide With Lots Of Interesting Recipes For Easy Pressure Cooking

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